19th ANNUAL NORTHEAST OHIO REGIONAL DAIRY CONFERENCE



Recruiting, Engaging and Coaching a Team

Featured Speakers - Charles Contreras and Mark Thomas

February 21, 2018

Fisher Auditorium/Shisler Center Wooster, Ohio

Presented by the Dairy Veterinarians of the Killbuck Valley Veterinary Medical Association



Killbuck Valley Veterinary Medical Association

President: William Yost, D.V.M. Treasurer: Carlton Schlatter, D.V.M.

The Killbuck Valley Veterinary Medical Association is an association of veterinarians in private practice, teaching, research, and industry in the geographic area surrounding the path of Killbuck Creek. The association is affiliated with the Ohio Veterinary Medical Association at the state level, and includes veterinarians primarily in OVMA District 8; we also include some veterinarians from District 7 to the north and District 4 to the west. The KVVMA is registered as a 501(c)(3) organization with the State of Ohio.

The purposes of the Killbuck Valley VMA are to provide professional continuing education to our membership, provide a conduit for the membership to communicate with the OVMA, and provide public service as needed to our geographic area and local communities as our professional expertise allows.

Our annual dairy producer meeting is made possible with the generous support of local businesses and is a public service of our group, recognizing the importance of the dairy industry in our local geographic area as well as the state of Ohio in general. By our continued support of this type of educational meeting for Ohio dairy industry personnel, we of the KVVMA are striving to maintain and expand this important industry, insure the continued production of dairy products of the highest quality, and improve and protect the well-being of the dairy cow herself.

We welcome you to our 2018 meeting. We hope you find the meeting educational and stimulating and welcome your comments and suggestions.

19th ANNUAL NORTHEAST OHIO REGIONAL DAIRY CONFERENCE

February 21, 2018 Fisher Auditorium/Shisler Center Wooster, Ohio

Recruiting, Engaging and Coaching A Team

SCHEDULE

9:00 - 9:55 AM: Registration, Refreshments &

Visit with Exhibitors

9:55 - 10:00 AM: Welcome and Opening Remarks

Dr. Bill Yost - KVVMA President

10:00 - 10:45 AM: Featured Speaker – Charles Contreras

Recruiting a Team

10:45 - 11:15 AM: Break & Visit with Exhibitors

11:15 AM - 12:00 PM: Featured Speaker – Charles Contreras

Engaging Your Team

12:00 - 1:20 PM: Lunch (provided) & Visit with Exhibitors

1:20 - 2:15 PM: Speaker – Mark Thomas

Teamwork Spells Success in Racing and in Farming

2:15 - 2:45 PM: Break & Visit with Exhibitors

2:45 - 3:30 PM: Featured Speaker – Charles Contreras

Coaching for Performance

3:30 PM: Door Prizes (*must be present to win*)

Adjourn



Charles Contreras

As a fellow dairy producer, Charles knows firsthand the challenges dairies face today. Charles specializes in providing the right strategic solutions for your operation. Charles helps you find a competitive advantage through evaluating organizations, identifying human capital opportunities and managing solutions.

Charles was a founding member and a Senior Business Solutions Manager for the PeopleFirst division of Zoetis. He received a certification in Strategic HR from Cornell University and Business Management degree from Purdue University

Charles has been published in agricultural magazines and has spoken at events including Pfizer Dairy Wellness Summit, South Central Kansas Society for Human Resource Managers and Michigan State University.

Charles has volunteered to share some of his experience working with hundreds of organizations in our industry.



Mark Thomas

Mark Thomas is a dairy farmer and a seven-time world champion IHRA drag racing champion. In both his occupations Mark has used a team approach to ensure his success. On his 400 cow dairy operation in Stark County he has turned a mediocre dairy into one of Ohio's top dairy farms by utilizing the same principles toward teamwork that made him a champion driver.

Mark has been married to Chris for 33 years and they are the parents of three adult children.

We gratefully acknowledge the support of our sponsors, without whom this meeting would not be possible.

Please take time to visit with those sponsors who are present today, and thank those who are not present when you encounter them.

The veterinarians of the Killbuck Valley Veterinary Medical Association would like to thank all of our sponsors for their continued support of this educational effort for the dairy industry. A strong dairy industry is a tremendous asset for all of us in northeastern Ohio.

We would like to thank the Dairy Farmers of America, DMS and Smith Dairy for their generous donation of dairy products.

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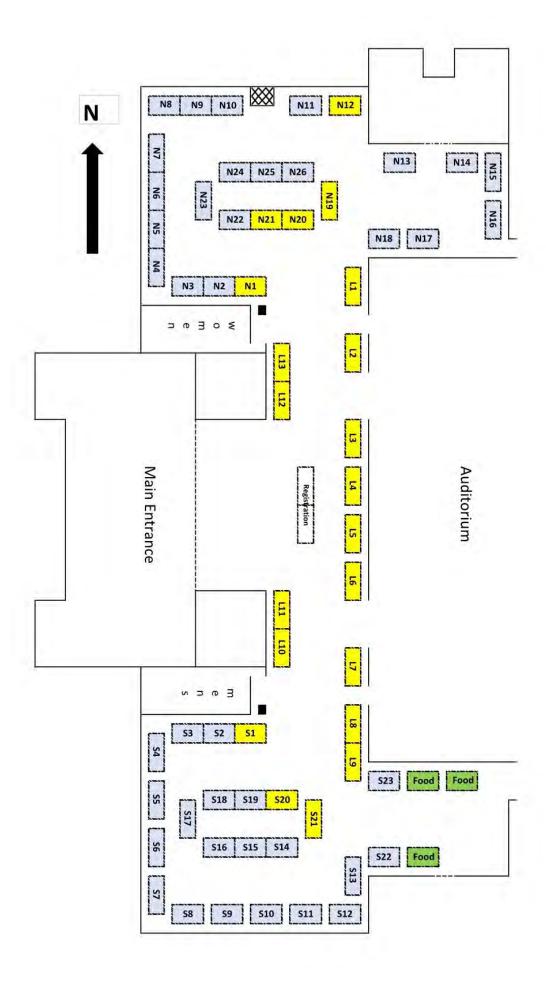
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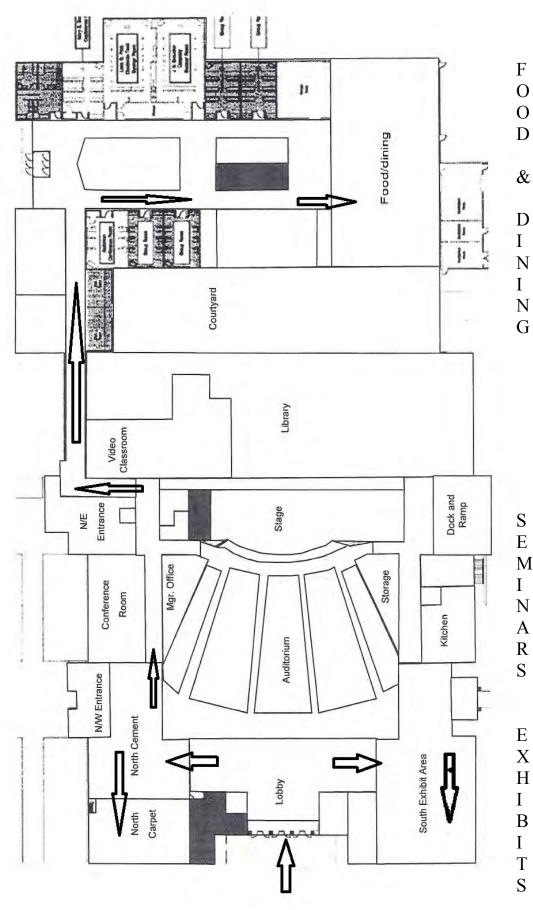
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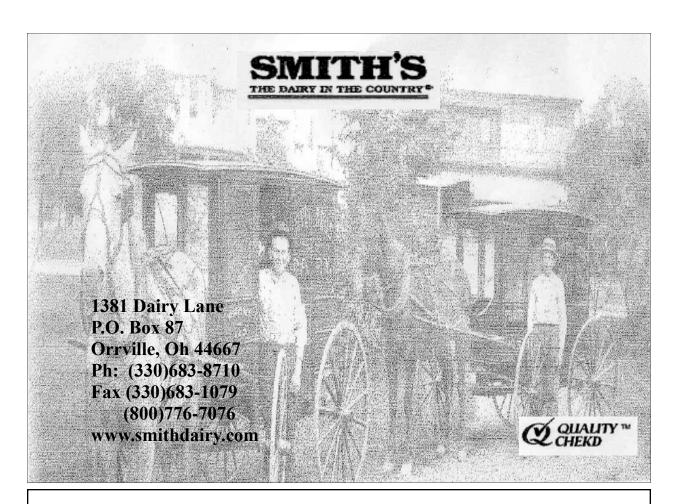
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L8	PBS
L9	Bio Vet
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	Hubner Seed
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Booth #	Name
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	ADA
	ADM
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	Animal Health
S17	Animart
L6	Bayer Animal
S5	Best Forage
	Bio Vet
L13	Boehringer Ingelheim
N19	Byron Seeds
S8	Centerra
L5	COBA
	Critter Blankets
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	MWI
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	OSU/ATI
	OSU/Food Animal
	Papillon
	Paradise Energy
	PBS
L11	Phileo LaSaffre
	Plum Creek
	PNC
S18	Reberland
	Renaissance
	Royal Advantage
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N7	
S1	Tyler Grain
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- Educating health professionals and consumers about dairy's vital role in a healthy lifestyle

Protecting the future of Ohio's dairy farmers

- · Providing testimony, activating members and offering position statements on Ohio legislation and key issues that may impact Ohio dairy farmers
- Educating state legislators about Ohio's dairy industry and its economic contribution
- · Working with state agencies to monitor, assess and provide input on rules and regulations
- · Representing dairy farmers on national and state committees to provide input





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HIGHLIGHTS

The Special Edition: Oral Calcium Supplements newsletter contains summaries of QuadriCal® research studies from:

- ✓ Cornell University/DHMS, LLC in New York
- ✓ University of California-Davis, and
- ✓ Bio-Vet field trials

These research results demonstrate that one feeding of QuadriCal® post-calving increases milk production of second lactation and older (L2+) cows.

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STUDY PARAMETERS

One QuadriCal® dose	Gave one feeding of regular QuadriCal® within 24 hours of calving
Large sample size	Studied 3,949 cows on 6 commercial dairies in New York
4 months sampled	Measured milk yields from first 4 test dates
Health effects	Health outcomes were also evaluated
Control = Nothing	Control groups received no QuadriCal®

RESULTS

- Both first-calf heifers and cows in second lactation and older (L2+) benefited from QuadriCal® supplementation
- First-lactation heifers (L1) gave 2.6 to 6.2 pounds more milk per day (statistically significant)
- 3. L2+ cows gave 2 pounds more milk per day (statistically significant)
- 4. L2+ cows had reduced incidence of DA, RP and metritis* (all statistically significant)

ECONOMIC BENEFITS

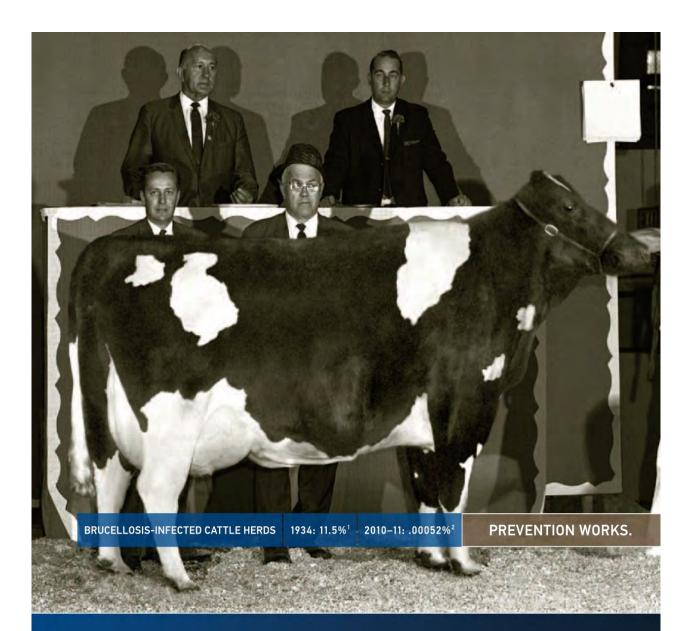
- 1. \$223.50 per cow added net income for first-calf heifers with high BCS (Body Condition Score)
- 2. \$55.50 per cow added net income for L2+ cows with long gestations (>277 days)
- 3. \$44.00 per cow added net income for L2+ cows with reduced health incidence (DA, RP and metritis), resulting in Return on Investment:

8:1 ROI

(\$44.00/cow benefit from \$5.50/QuadriCal® feeding retail cost)

Leno, B.M., et al. "Differential effect of a single dose of oral Ca based on postpartum plasma Ca concentration in Holstein cows," Cornell University Animal Science Department and Population Medicine and Diagnostic Sciences Department, College of Veterinary Medicine. Dairy Health and Management Services, LLC. Presented at ADSA, Pittsburgh, PA, June 2017 and AABP, Omaha NE, September 2017. Data on file at Bio-Vet, Inc.

^{*(}Cows with lower calcium status in QuadriCal®-supplemented group had metritis reduced 1.5%.)



History has proved how powerful disease prevention can be. We believe that preventing disease is a more effective way to maintain animal health than simply treating problems as they arise. We are committed to providing the tools and innovation that help your client's cattle reach their maximum potential. Because, like you, we believe that prevention truly is the best medicine.

For more information, contact your Boehringer Ingelheim Vetmedica, Inc. representative or visit BIVIPreventionWorks.com.

Ragan VE. The Animal and Plant Health Inspection Service (APHIS) brucellosis eradication program in the United States. USDA APHIS, Veterinary Services. Available at: http://www.fass.org/fasscience/viewarticle.asp?article_id=367. Accessed Sept. 20, 2011.

2USDA APHIS. Brucellosis-Affected Herds, 2010–2011. Available at: http://www.aphis.usda.gov/animal_health/animal_diseases/brucellosis Under 'Brucellosis Disease Information,' click on 'Accumulated 12-Month Herd Infection Rate.' Then, download status-by-st.xls. Accessed Sept. 20, 2011.

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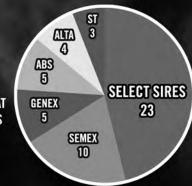
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12017 M Evaluations. Graph based on December 2017 Holstein Association Top 100 TPI bulls with 97% Domestic U.S. Reliabilities for Production and Type regardless of semen status. "PPI is a registered trademark of Holstein Association USA. All bulls listed on this page except for YODER qualify for semen export to Canada. MONTROSS photo by Hopman.



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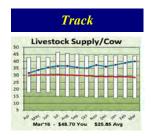
-Dr. David M. Kohl, Professor Emeritus, Virginia Tech



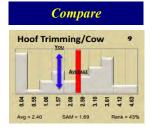
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-Danny Klinefelter, Texas A&M University



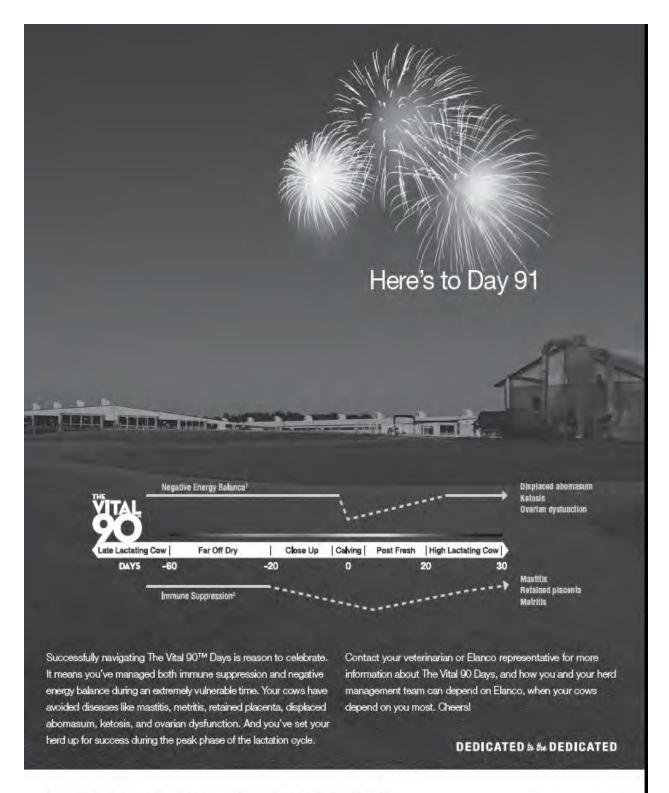






For more information contact:

Chuck Henley Jr. (419) 606-5270 Chuck@DehmAssociates.com



References: 1. Grummer RR. J Anim Sci. 1995;73(9):2820-2833. 2. Hoeben D, et al. J Dairy Res. 2000;67(2):249-259.

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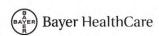




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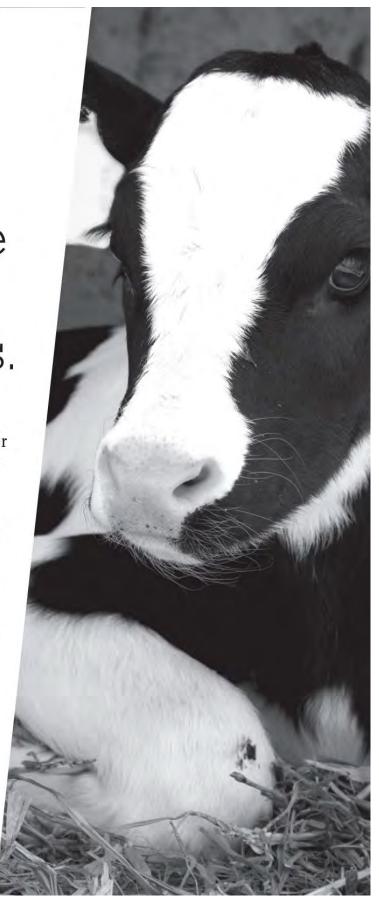


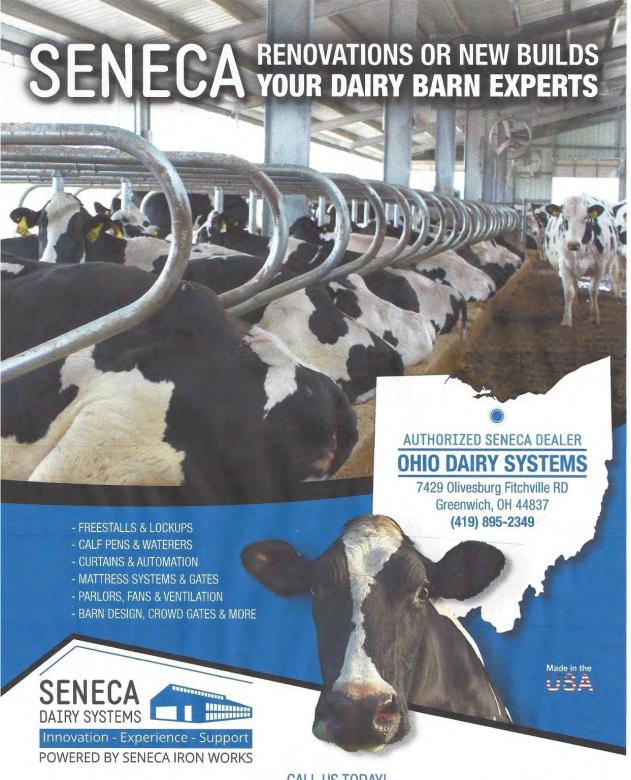












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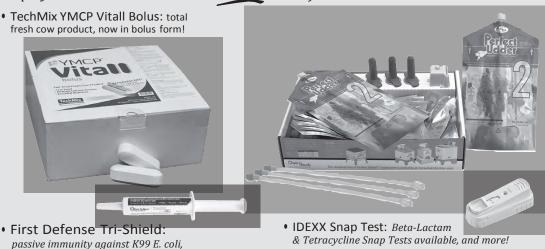
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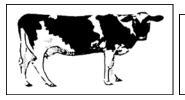
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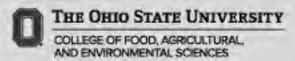
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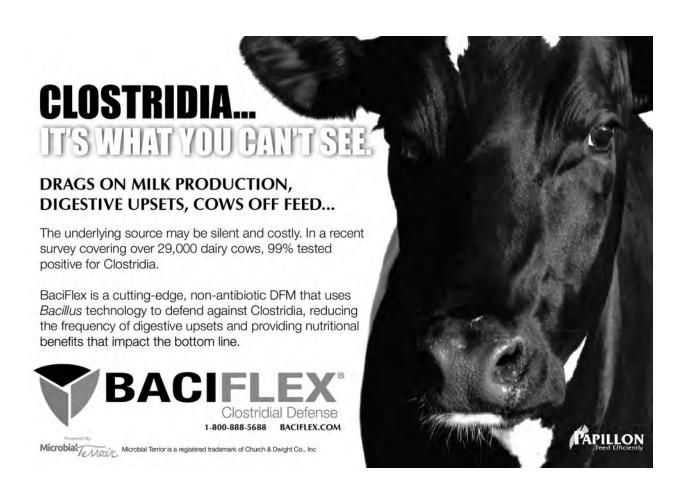


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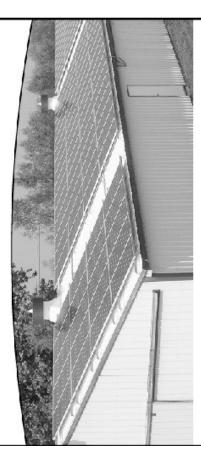


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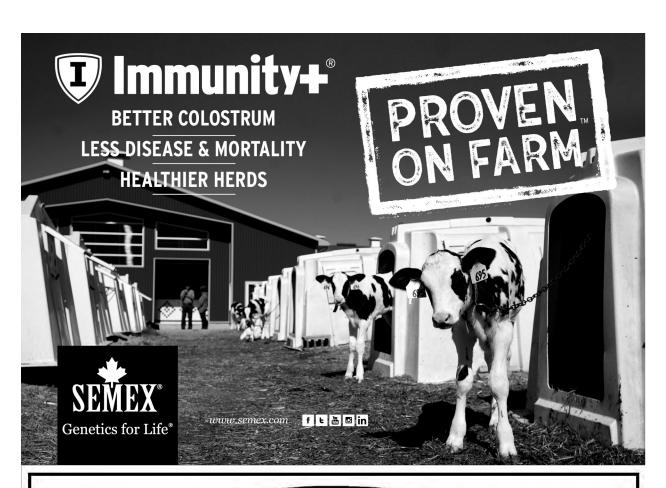
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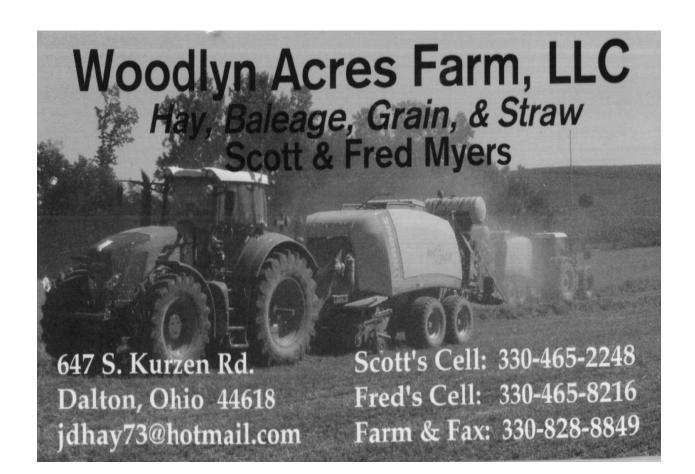
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Recruitina A Team Charles Contreras

Agenda

- Value of a good employee
- · Labor Employment Statistics
- Frequency of Recruitment
- Sources of Recruitment
- First impressions
- Recruitment messaging
- Screening Systems
- First day experience

The value of a good employee

- Knowledge Procedure and Culture
 Teamwork
 Attitude / Effort
 Self Supervision

Exercise: Find the (ball park) value (hours per day)

Amount of work done

Effect on others / Teamwork (multiply by number of teammates)
Finds solutions (your time?)

Organizational Knowledge (hrs to teach others)

Total up your amounts

Subtract, then multiply by 200 (or more)

\$

Great Employee

Current Labor Statistics https://data.bls.gov/timeseries/LNS14000000 במים פותו ביתוב ביתוב ביתוב בתוב במום במום במום במום במום

Recruitment is Marketing
There is competition for good employees
• How do you get them to come work for you?
Marketing 101

Four P's of Marketing
Person - who is your target audience?
Product - what are they buying?
Promotion - why would they buy this from you?

* Price - what is the investment required?

Who	will	vou	recr	uit?
44110		,	1001	OII L

Know yourself first

What is your vision and what do you value?

Work on this first

Here for matching values as well as skills

Who is your target audience?

What are their characteristic, traits, attitudes, and values.
Develop the success profile

Ast you best employees to describe their best codeagues.
Asternan to let you with traities to be successful at your organisation.

Be realistic on job descriptions

What is absolutely necessary and what is a nice to have

How much experience is necessary (buying Skills)

What can be taught (develop skills)

Use these values and characteristics to develop behavioral based interview questions

Why will they come work for you?

What separates you from the competition

What will attract the target audience to your operation?

Opportunities for advancement
Benefits
Training
Housing
Recruitment message should include
Why employees like working for you
Up to date information about your company including your vision and financial strengths
Information about community, schools, demographics and housing
First impression is critical

First impression is critical

Must be based in reality or employees will feel misled and will leave

Where to Recruit	
Where have you found success in finding good employees?	
Sources	
 Best employees Church 	
 Local grocery stores 	
Craigslist	
Recruitment Frequency	The state of the s
neoraliment requestoy	
 How many operations are recruiting as needed? 	· · · · · · · · · · · · · · · · · · ·
 How Many operations are constantly recruiting? 	12
Consistent Recruitment As needed recruitment	
Spend more time interviewing Passing up the best possible fit	
Have contact info of good employees Taking what is available at the time Never feel trapped with one employee Operating short handed	
	· · · · · · · · · · · · · · · · · · ·
	<u> </u>
Cincula	
Screening	· · · · · · · · · · · · · · · · · · ·
Screening is a filter	-
A set of quick deal breakers	

irst (Day) Impressions	-
Percent of all employees that leave their job did so within six months • The number is almost twice as high for hourly employees vs salary(Inc. / Equifax)	
Percent of hourly employees decide to leave based on their first day experience	
First Day Suggestions	
Formalize you process	4
Pick a start time that is not super busy Give them a big picture overview including recruitment message	-
Map out the day hour by hour and provide an agenda	1
Assign a colleague to help be additional resource Balance information and hands on experience	W , Total
Check in with new employee at end of first day	
	7
Vrap-Up Activity	1
ist three things you want to start doing tomorrow	-
st three things you want to start doing tomorrow 1.	
1. 2,	
1.	
1. 2,	

Engaging Your Team Charles Contreras

	-
Team Defined Team Dynamics Individual Engagement Team Engagement Team Accountability Family Teams	
What is a team? A group of people (individuals) that come together to complete a task or project • Similar or Different Skills • Engaged or Disengaged	
• Accountable or Not	
Similar vs Diversity • We are Tribal • Redundancy & Blind Spots • Diversity • Gender • Race • Age • Position • Geography • Strengths	

• Individuals should focus on developing their talents into strengths • Teams should be well rounded

New Team Dynamics		
ten realit by naminos		
nytime you create a new team or even introduce a new member 1. Forming	-	
2. Storming 3. Norming		
4. Performing	-	
5. Adjourning		
ctivity:		
ake a few minutes and identify 2 teams you are a part of or lead. Answer for ach team		
What is your vision for that team? What stage is each of your teams in?		
What do you need to do to increase the performance of each team?	1	
Color		
o engage your team you have to engage		
ndividuals		
nduvial engagement – a reciprocal relationship between organization nd employee resulting in the employee volunteering extra effort		
nd employee resulting in the employee volunteering extra effort		
/hat describes your best employees?		
/hat do these employees do that others don't?		
The state of the s		
1.		
3.		
3.	-	
What would disengage you?	<u> </u>	
Vhat would disengage you?		
Vhat would disengage you?		
ctivity: st three things that would disengage you as an employee		
ctivity: st three things that would disengage you as an employee 1.		
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ctivity: st three things that would disengage you as an employee 1. 2.		
ctivity: st three things that would disengage you as an employee 1. 2.		

How to engage	teams	and	hold	them
accountable				

- Vision
- Charter
- Purpose
- · Set milestones and measurable goals
- Celebrate small successes
- · Track and measure progress
- Communicate that progress
- · Discuss and solve obstacles to hitting your goals

- 11	
Famil	y Teams

Waters are muddier

- · Dad vs Boss
- · Sister vs Colleague
- Throttling down vs Ramping up

Challenges are very similar

- Clarity of common vision
 Communication of vision and expectations
 Role & Responsibility Clarity
- Accountability to responsibility

Team Accountability Fundamentals

In the weakest teams, there is no accountability In mediocre teams, bosses are the source of accountability In high performance teams, peers manage the vast majority of performance problems with one another

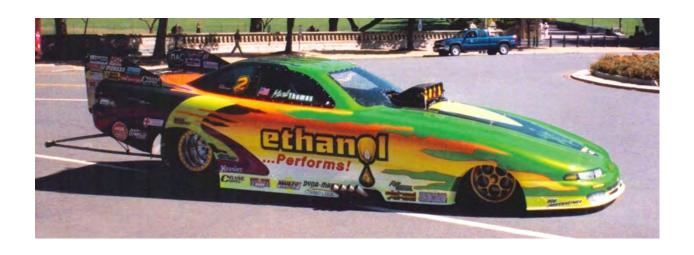
First, there must be trust

- Everyone has best intentions
- Everyone is focused on achieving the goal
- Everyone can be vulnerability

How to Build Trust 1. Lead by Example 2. Communicate openly 3. Know each other 4. Don't place blame 5. Discourage cliques 6. Discuss issues	
Where are you with Accountability? You can approximate the health of a relationship, a team and an organization by measuring the average lag time between identifying and discussing problems. The shorter the lag time, the faster problems get solved and the more the resolution enhances relationships. The longer the lag, the more room there is for mistrust, dysfunction, and more tangible costs to mount. The role of leader is to shrink this gap. The role of the boss should not be to settle problems or constantly monitor your team, it should be to create a team culture where peers address concerns immediately, directly and respectfully with each other.	
Wrap-Up Activity List three things you want to start doing tomorrow 1. 2. 3.	

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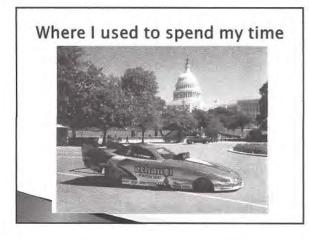
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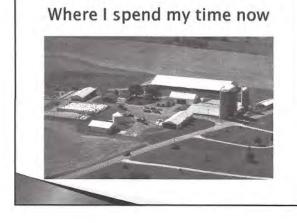


Where I used to spend my time





	Where	lused	to s	oend r	ny time
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	Perio	ms Ol			1
	D7				
		Ton years ha	r e		
A. I	Mr.	- 8			



Except right now, it looks like this	
The same of the sa	
and this	
and this	

Where we were...

- An "average" dairy farm
- ▶ 425 cows
- ▶ 350,000 450,000 SCC
- ▶ 20 75 PI, SPC
- >50 lbs milk

What we thought...

- Didn't think "we" could do it
- "This is the way we always did it"
- "Don't milk fewer cows"
- "I don't have time for meetings, waste of time"
- Bottom line...Change is hard

Farming...More Than A Hobby

- That meant it was time for change
- · Couldn't do it by myself
- Would require effort from everyone on the farm
- Consistency with on-farm operations and with meetings

-			
+			
<u> </u>			
-			
-			
		-	
-			

Time for a Change

- ▶ Planning First Team Meeting
 - · Make it simple & don't be afraid
 - · Set-up: table, few chairs, paper...
 - · Who to invite limit to basic team
- · Some farmers don't like to talk others do
- First meeting was in late 2008
- Set up for first Wednesday of each month over lunch

The First Meeting - 2008

- Invited our feed consultant, vets, breeder, all full-time employees, owners, field representative
- Topics:
 - Where we are, where we wanted to be, and how to get there
- Cannot change 1 big thing, more like 100 small things

Our First Meeting...2008

Nutritionist talked on how a rumen works



Our First Meeting2008	
Our First Meeting2008	
Our First Meeting	

General Ideas for Meetings

- Food (pizza, sandwiches, drinks)
- Social gathering
- We celebrate reaching our goals and employee birthdays with ice cream cake
- Pick a topic if you'll have a special guest
 - · Ex: Culling Cows

Our Monthly Meeting



That Old, Familiar Feeling!!!

You may not always hear what you want to hear, but it's probably something you need to hear!"



How Meetings Have Changed

- >We still meet the first week of every month.
- ➤ Meetings are 3-4 hours
- Everyone provides input, opinions, and recommendations-feed consultant, banker, breeder, milkers, feeders, vet, mechanic



How Meetings Have Changed

- Added our banker
- Special guests feed additive reps, supply company rep, chemical reps, breeder...
- Ongoing topics
 - · Expansion, Vaccination protocol,
 - Milking protocol
 - · Mastitis prevention, treatment, etc.

Our Farm Now

- 125,000 SCC
- + 1.5 PI, SPC
- 340 milking average 80lbs. milk
- Added new dry cow barn
- Added new heifer barn
- Excellent herd health, easy breeding, milk tank is full, etc.

Our Farm Now 2018

- Chris, my wife, implemented a successful calving program 13 years ago
- All calves are born and raised at our farm
- Now have an abundance of bred heifers, enabling us to pick & choose carefully on our culling list



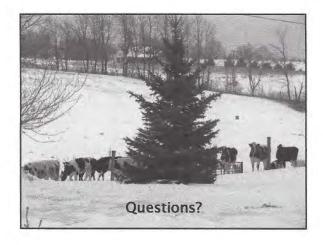


Thomas Farms 2018

Our Farm in the Future

- Current goals Add or remodel our heifer barn at home farm; Add calf barn
- Team meetings are a MUST on our farm to continue improving and moving forward





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Coachina For Performance Charles Contreras

Age	nda
	You

- ir Role as a Leader
- Coaching Defined
- · Coaching vs Training (SL)
- Coaching Model
- Individual Action Plan

Your F	ole
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What is your role as a leader when it comes to your people?

- How does your role as a leader

 Build a strong team

 Develop others

 Helping employees make better decision

Coaching is a powerful tool to help others

Coaching

A collaborative approach to develop skills, abilities and boost performance

- Raises Awareness
- · Provides Feedback
- Discovering answers
- Follow-through / Commitment

Can be used for employees whom need to improve performance or maintain high performance

Coaching vs Training Coalborative Approach Listens and Asks Questions Removing internal roadblocks One-on-one Group Settings Mild to long term process Short – term Successful Coaches 1. Discussion about desired state what is it you want 2. Find a glimpse of brilliance that allows motivation to champion this person and bring you're "X game 3. Set the expectations up front 8. Recap what had been discussed b. Give feedback – Be Foarless / Strive to deliver most value 8. What rowels to change 4. Listen and ask powerful question	Coaching Training Collaborative Approach Listens and Asks Questions Removing internal roadblocks One-on-one Group Settings Mild to long term process Short—term Successful Coaches 1. Discussion about desired state what is it you want 2. Find a glimpse of brilliance that allows motivation to champion this person and bring you're 'V'g american's and services are serviced by Group Settings 3. Set the expectations up front a. Recap what hab been discussed b. Give Redebuck—8e Franker's / Yarve to deliver most value a. Water verbine of Josephy or matteries b. What reveils in charge 4. Listen and ask powerful question				
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Coaching Models Enable you to coach more effectively Provides methodology for consistent experiences		 Instills confidence in employees 		-	
Enable you to coach more effectively Provides methodology for consistent experiences Instills confidence in employees Keeps discussions on track / progressing	Instills confidence in employees Keeps discussions on track / progressing	Several out there, find one you fee	comfortable with		

GROW Coaching Model G – Goals R – Reality D – Options W- What is to be done, by When, by Whom, the Will to do it	
Goals Many levels of goals Goal of the visit or discussion Broad / Dream Goal End Game goals Performance goals SMART - Specific, Measurable, Agreed, Realistic, Time Bound)	
Reality The main purpose of this section is find out where the coachee is right now - to increase awareness about the bare facts, the plain truth resulting in the desire to do something about it	

Options		l -	
The purpose of this stage is	s to generate ideas, consider all possible		
options • Listen for limiting assump			
 Use what if questions Questions that can be used 	d are:		
 What could you do to cha What could you do to get How might someone else 	a different result		
 In a perfect world Next we need to prioritize 			
 score each option from or 	ne to ten based on ease or cost	-	
		4.	
The Way Forward	14		
What will you do			
When will you do itWill you actually do it		1	
 Who needs to know What obstacles 			
	o you have you will follow through on your		
 If they don't take action, it is 	s just an interesting conversation ing if there is anything that has not been said,	-	
When is the next session	ng it distribution and the section and,	-	
		_	
Practice the GRO	MANAdal		
Practice the GRO	w wodel		

Activity 10 minutes total (5 minutes each)

Switch it up after 5 minutes

again
• Manager:

Pair up One person is the manager other is employee

Manager has seen employee not following procedure in milk parlor

Set up goal for the conversation
 Coach your employee through the reality, options, and way forward / action

Your Action Plan – 10 minutes	
Goals • What is your Big Vision? • What is your end game? • What are your performance goals? Reality	
How would you describe what is going on right now? What kind of results are you currently getting? What part do you have in the current situation? Options	
How might someone else approach this? What could you do to get a different result? Weigh your options and select best	-
Your Action Plan – 10 minutes	
Way forward	
When will you do When will you do it Will you actually do it	
Who needs to knowWhat obstacles	
 What degree of certainty to you have you will follow through on your commitment 	-
	-
Thanks!!	

Seven C's of Coaching

Starts with Awareness

- 1. Connect
- 2. Caring
- 3. Clarity
- 4. Curiosity
- 5. Challenge
- 6. Confidence
- 7. Commitment

Ends with Goals

Steps to effective performance coaching

- Demonstrate confidence in the employee's ability to solve problems

 Ask for help in solving the problem of increasing their effectiveness as a contributor to the organization
- Describe the performance problem Focus on the problem or behavior that needs improvement, not the person Ask for their view of the situation and if they see the problem / opportunity
- - Determine of there are issues that limit the performance a. Time b. Training

 - c. Tools d. Temperament

- Does the employee need help in removing these barriers
 Discuss potential solutions or improvement actions or continuous improvement with high performers
 Agree on a written action plan, identify the core goal that the employee must meet to achieve appropriate level of performance
- 9. Set up a daté and time for room
 10. Offer positive encouragement Set up a date and time for follow-up

Therapy Client is emotionally and psychologically healthy Client is emotionally unwell and in needs healing Focuses on the present and future Focuses on dealing with the past Driven by goals and taking action Driven by unresolved issues and feelings Works toward a higher level of functioning Works to achieve understanding and emotional healing Results-based and focuses on exploring solutions Explores the root of problems and offers explanation Asks, "Where would you like to be and how can you Asks, "How did that make you feel?" get there?" Acts on information Absorbs information Done over the phone, internet or in person Done in an office setting Coach and client collaborate on solutions Therapist is the 'expert' Contact between sessions expected (accountability and wins) Contact between sessions for crisis and difficulties